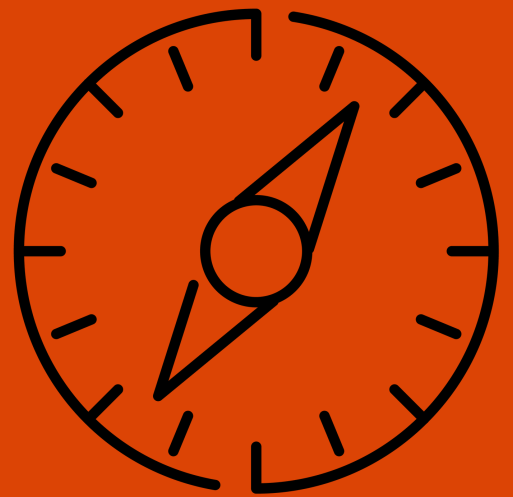


Oregon State University's

# COVID-19 CARE AMBASSADORS

## WHEN SHOULD I CONTACT MY AMBASSADOR?

If you have recently tested positive for COVID-19 or have been informed that you need to quarantine after a recent exposure to someone who has tested positive for the virus.

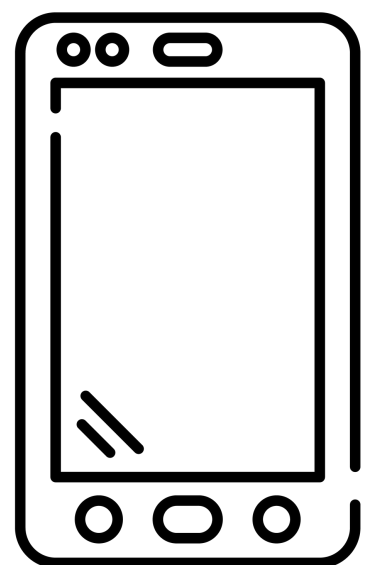


## HOW CAN AN AMBASSADOR ASSIST?

Ambassadors are trained individuals within colleges and departments at Oregon State who can walk you through a series of questions to identify resources and offer support based upon your personal and academic needs.

## HOW DO I CONTACT MY AMBASSADOR?

All colleges and several departments have assigned ambassadors to help. Go to [bea.ves/covid-care](https://bea.ves/covid-care) for a complete list of ambassadors and their contact information.



## WHAT CAN I EXPECT WHEN I MEET WITH AN AMBASSADOR?

An ambassador will help you come up with a plan for any housing and food needs, managing academic expectations, connecting to health and mental health care, advocacy services, financial support, and much more.

### OFFICE OF THE DEAN OF STUDENTS

Student Experience Center 206 | Zoom: [beav.es/4qQ](https://beav.es/4qQ) | [support.odos@oregonstate.edu](mailto:support.odos@oregonstate.edu)